



# GOOD INSPIRATION

*faith based ideas . information . printables*

as seen on  
*Sugardoodle*

*"Because I know that good information leads to good inspiration..."*

Russell M. Nelson



At GOOD INSPIRATION we love helping  
LEADERS, TEACHERS, and PARENTS  
answer the hard questions  
by shining a **LIGHT** on some  
GOOD IDEAS & INFORMATION  
PLUS WE LOVE SHARING WITH YOU  
INSPIRING COME, FOLLOW ME-- IDEAS, LESSONS, AND PRINTABLES!



COME, FOLLOW ME --

Jacob 1-4  
Be Reconciled unto God through the Atonement of Christ

The Nephites considered Nephi their “great protector” (Jacob 1:10). He had defended them against attacks from their enemies, and he had warned them about spiritual dangers. *Now he was gone, **and the task of leading the Nephites spiritually fell to Jacob***, whom Nephi had consecrated to be a priest and teacher of the people (see Jacob 1:18). By inspiration, Jacob perceived that his people needed to be taught with “much boldness,” for they were “beginning to labor in sin” (Jacob 2:7, 5)

THIS KIT'S CONTENTS:

GET INSPIRED!

The art, printables, and lesson enrichment ideas in this kit, **will help you teach the doctrine** and concepts found in **Jacob 1- 4**. This kit covers several of the teachings that are in the COME, FOLLOW ME -- manuals for Primary, for Youth, and also for Families, thus assisting *leaders, teachers, and parents* teach the Gospel of Jesus Christ according to the church's outlines.

We hope these ideas and printables in this kit will help you gather good information that can then *lead to your own pondering and praying for additional inspiration* on how you should teach these chapters. **Effective teaching is always SPIRIT driven!** We love helping you, get INSPIRED and LEAD OUT with the teachings of JESUS CHRIST.

**Come, Follow Him - - with us!**

April and the Girls at GOOD INSPIRATION.net and SUGARDoodle.net

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JACOB'S NAME

INTRODUCE JACOB

He was consecrated to be a priest and teacher of the people by Nephi his brother. He became the prophet and a great leader as he taught the people to BELIEVE in CHRIST, invited them TO REPENT, and as he DECLARED GOD'S WORDS unto them.

A PROPHET OF GOD

A VOICE OF WARNING  
BUT ALSO OF COMFORT TO HIS PEOPLE!

Set your board up with these word-strips at the top, then under them put the picture of Jacob, and below that the letters of his name. You can also put the word bubbles of his teachings going around Jacob's poster as you discuss each teaching.

IDEA . . . using the cute letters from this kit, make an acronym with Jacob's name. Have members or family think of a word that could describe what a prophet DOES.

J = Jesus follower

A = Atonement of Jesus Christ teacher

C = {What inspiration will you or they receive for “C”?}

O = {What inspiration will you or they receive for “O”?}

B = {What inspiration will you or they receive for “B”?}

JACOB'S TEACHINGS

JACOB’S TEACHINGS: WARNINGS & COMFORT

He was given inspiration to teach with “MUCH” BOLDNESS” because the people were beginning to “labor in sin.”

IDEA . . . SHOW and DISCUSS each of Jacob's “teaching” bubbles. If time permits read through the verses together.

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YOUR CALLINGS & YOUR RESPONSIBILITIES AT HOME  
JUST LIKE JACOB DID!  
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LIFT & STRENGTHEN to build convictions  
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“BE RECONCILED  
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JACOB, THE PROPHET  
COME UNTO  
CHRIST

BE CHASTE  
THE LORD DELIGHTS IN CHASTITY.  
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“BE UNSHAKEN  
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revelations and the spirit of prophecy; and having all these  
witnesses we obtain a hope, and our FAITH  
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JACOB 4:6

BE PURE  
LOOK UNTO GOD WITH FIRMNESS OF MIND!  
JACOB, THE PROPHET

BE “UNSHAKEN”

JACOB’S TEACHINGS: BE “UNSHAKEN IN YOUR FAITH”

Jacob’s faith became unshaken as he searched the words of prophets and received his own witness (see Jacob 4:6).

IDEA . . . One way to help others understand what it means to be “unshaken” in their faith, would be to liken them and their testimony to A TREE. Invite a person to be your FIRST VOLUNTEER and to come up. {They need to be smaller sized, preferably a boy.} TELL THEM THEY ARE GOING TO PRETEND THEY ARE A TREE. Their body is the trunk and their arms need to extend upwards to become the branches.

ASK another person to come up to be your SECOND VOLUNTEER. Instruct them to gently try to make the tree sway **as they are the wind** or a storm {emphasize GENTLY.} Then let them try to shake the trunk a little - {A LITTLE MORE VIGOR.} Next, help the volunteer lift the tree up off the ground and move the tree about a foot.

EXPLAIN that a tree, just like your first volunteer, WHEN SHAKEN will move from the wind or from a storm, it may even tip over UNLESS it has something to HOLD IT FIRMLY IN ITS PLACE.

ASK: What helps a TREE BE UNSHAKEN OR UNMOVED? {ROOTS}

SHARE that this is just like us and our testimonies. **WHEN we do those things that GROW STRONG TESTIMONIES it is just like a tree that is growing strong roots.** WE WILL NOT BE SHAKEN, WE WILL NOT BE MOVED by others or by the storms or trials of life. WE WILL NOT TIP OVER or LOOSE OUR FAITH.

INVITE several volunteers to be “ROOTS.” **Emphasize that doing specific things makes our TESTIMONY ROOTS grow**, the more we consistently do them the deeper our roots become which makes us **stronger and unshakable**. Pass out the root cards and ask them to come up when called and READ the back of the root card {In advance, YOU WILL NEED TO WRITE on the back of the root cards one **GROW YOUR ROOTS ACTIVITY** - see list below.} After they read the activity on the card they will need to come up with their own way of applying that activity. EXAMPLE: “Praying grows my “TESTIMONY” roots” “I can put a note on my pillow to remind me to say my morning prayers.

“TESTIMONY ROOTS” ACTIVITY

The child reads what is on the “root’ and then they come up with a way to ACT UPON it... for example:

GROW YOUR ROOTS ACTIVITY

PRAYING grows my “TESTIMONY” roots. - “I can be consistent saying my morning prayers.”

SHARING MY TESTIMONY grows my “TESTIMONY” roots, - “I can bear my testimony during Fast and Testimony meeting.”

FOLLOWING THE PROPHET grows my s“TESTIMONY” roots - “I can write down things he says during conference and then do those those things.”

BEING HUMBLE & TEACHABLE grows my “TESTIMONY” roots - “I can be humble and ask God to help me with problems.”

FASTING grows my “TESTIMONY” roots - “I can fast for specific things when it is Fast Sunday.”

STUDYING THE FIRST VISION grows my “TESTIMONY” roots -- “I can study or watch Joseph Smith's account of praying and seeing God and Jesus.”

READING THE BOOK OF MORMON grows my TESTIMONY roots - “I can read and study the Book of Mormon with my family and by myself. I can also watch the new Book of Mormon videos --

After they have shared an idea, have them sit next to the FIRST VOLUNTEER your tree, and have them put their hands around the tree's ankles to support or strengthen the tree. {BE MINDFUL OF GIRLS ON THE FLOOR WITH DRESSES!}

All the roots need to strengthen the tree. There could be several children kneeling on the floor with their hands supporting the trees ankles all the way up to the tree's knees.

INVITE your SECOND VOLUNTEER {THE WIND OR STORM} to come back and try and pick up the tree and move it. It can't be done because it is now ROOTED with strong TESTIMONY EXPERIENCES and FAITH BUILDING practices.

SHOW THE “UNSHAKEN BECAUSE I AM ROOTED!” POSTERS. Call on them to RESTATE in their own words what they just learned which is also depicted visually in the posters.

HELP THEM "ACT UPON" JACOB'S TEACHINGS...

BE LIKE A TREE, “UNSHAKABLE” IN YOUR FAITH BY GROWING YOUR SPIRITUAL ROOTS!

COLORING ACTIVITY or WORKSHEET: Younger children can color the page, older children can write on the roots what the “STRENGTHENING ROOTS” actions are to strengthen their testimonies: prayer, testimony, follow the prophet...

UP NEXT THE PRINTABLES - NOTE THEY COME IN TWO PDF FILES



## UP NEXT: The printables

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**PLEASE NOTE:** THIS KIT IS FOR YOUR OWN PERSONAL USE IN YOUR LEADERSHIP CALLING AT CHURCH OR AT HOME. **PLEASE RESPECT THE ARTISTS EFFORTS AND TIME PUT TOWARDS THIS KIT and HAVE OTHERS - - PURCHASE THEIR OWN!**

**PLEASE DO NOT PASS IT FORWARD!** *Much love, the hardworking design team at Good Inspiration*

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# GOOD

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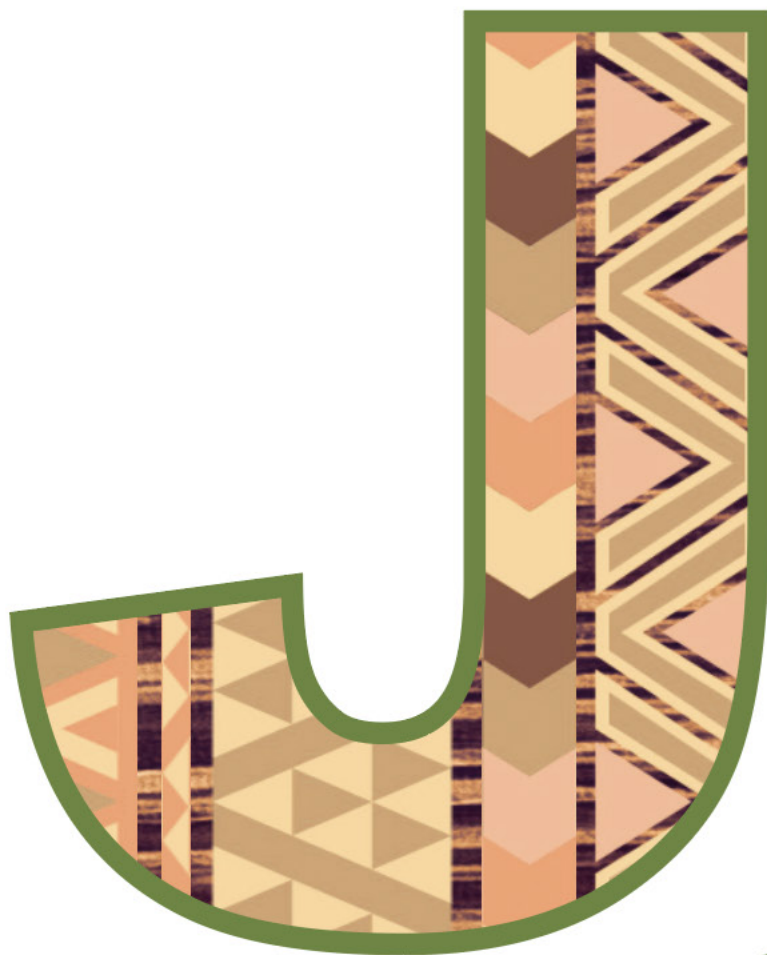
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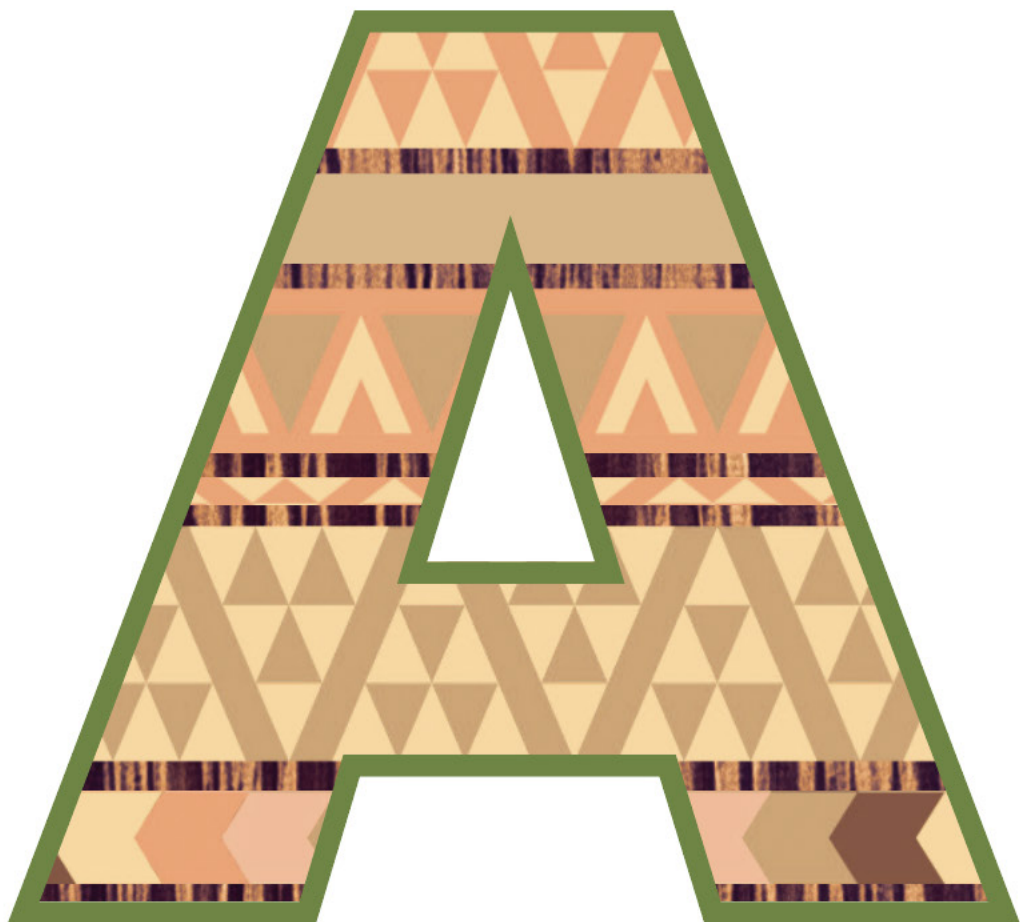
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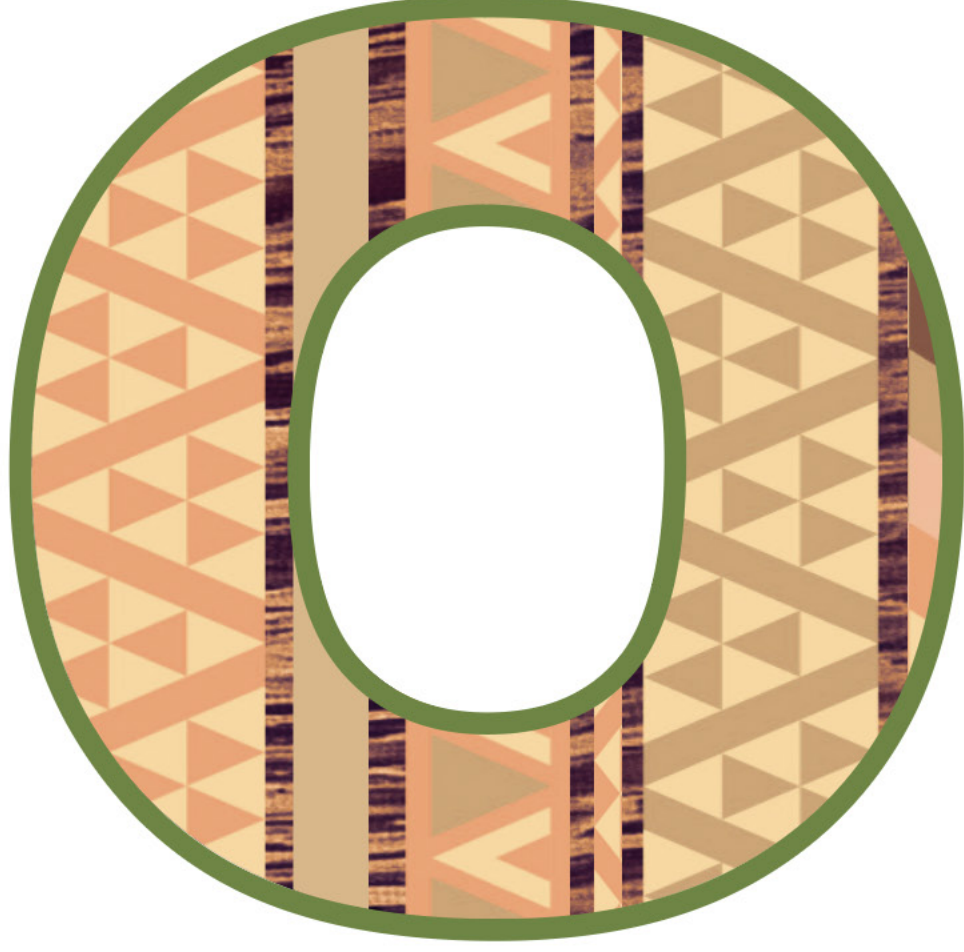












**A PROPHET OF GOD**



LEADERS LIKE **JACOB** PERSUADE US TO

**“BELIEVE in CHRIST”**

(Jacob 1:8)

**“INVITE US to REPENT”**

(Jacob 2:5–6, 9–10)

**“DECLARE GODS WORD  
UNTO US.”**

(Jacob 2:2, 11)





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