

Value Treat Ideas

Lessons from
Young Women Object Lessons with Handouts by Linda Dastrup

Faith - White

marshmallows

white chocolate- or yogurt-covered covered raisins, pretzels, or strawberries

sprite

vanilla ice cream

lifesaver/breathsaver mints

big hunk candy bar

white Reese's peanut butter cups

powdered donuts

Lesson: Excerpts from *Standing for Something*, ch. 10; Put your trust in the Lord (pennies)

Divine Nature - Blue

M&Ms

sour straws

popsicles

jelly beans

gatorade/koolaid

Extra gum

Tootsie pops

Go-gurt

Lesson: Tools for becoming like the Savior

Individual Worth - Red

cinnamon bears

hot tamales

licorice

strawberries - chocolate-dipped?

maraschino cherries

Cherry 7-Up

Lesson: Inner beauty object lesson and story

Knowledge - Green

mint brownies

mint ice cream

jelly beans

grapes/kiwi/veggies

chips?

jello jigglers

pistachio salad

Lesson: Set priorities to put the Lord first

Choice & Accountability - Orange

crackers & cheese whiz

cheetos

Doritos

candy corn

creamsicles

Lesson: Through the Atonement our sins can be forgiven

Good Works - Yellow

lemon heads

french fries

M&Ms - peanut

lemon bars

Doritos

watermelon?

Lesson: Filling one another's buckets; 9/11 story

Integrity - Purple

grape soda

blackberries

laffy taffy

fruit snacks

fruit leather

popsicles

Lesson: Keeping confidences (purse)