

Personal Progress Value Experience Worksheet

Faith #4 The Sacrament

- ___ 1. Read about the Last Supper
Matthew 26:26-28
Mark 14:22-24
Luke 22:17-20
- ___ 2. For 3 weeks during the sacrament listen carefully to the sacrament hymn and prayers. Think about why we partake of the bread and water.

	Sunday Sacrament Meeting
Week 1	
Week 2	
Week 3	

- ___ 3. Write some of the promises you make as you partake of the sacrament and remember your baptismal covenants.

Personal Progress Record Sheet

	Required Value Experiences			Elective Value Experiences			Project
Faith							
Divine Nature							
Individual worth							
Knowledge							
Choice and Accountability							
Good works							
Integrity							
